

DUNFERMLINE RAMBLING CLUB

Sunday outings on the first and third Sundays of every month leaving from the Bruce Street car park, Dunfermline, at **9am, (8am in summer)** unless otherwise stated.

Monthly midweek outings leave from the east end of the free car park off Leys Park Road.

This quarter, these outings will be on the last Thursday of the month, meeting at 9.30am in the car park.

Please note that persons accepting lifts in other members' cars are expected to contribute towards the travelling costs at the following agreed rates:- (from May 2009)

- Round trips of under 20 miles.....£2.00 each
- Round trips of 20-50 miles..... £4.00 each.
- Round trips exceeding 50 miles £6.00 each.

Proposed Hostel Weekends for 2010

Early self-booking advised. Both for 3 nights.

1. 30 April – 3 May Skywalker Hostel, Portnalong
Tel: 01478 640250 www.skywalkerhostel.com
2. 4 – 7 June Torridon
Tel: 0845 293 7373 www.syha.org.uk

Conversion Table

km	miles	km	miles	miles	km	miles	km
6 =	3.72	14 =	8.68	4 =	6.44	12 =	19.32
8 =	4.96	16 =	9.92	6 =	9.66	14 =	22.54
10 =	6.2	18 =	11.16	8 =	12.88	16 =	25.76
12 =	7.44	20 =	12.4	10 =	16.1	18 =	28.98

General Information

1. It is a great help with distribution if as many people as possible receive the programme as an e-mail attachment (in Word). If you would like to be added to the distribution list please send your e-mail address to alan_cooper@hotmail.com.
2. Club contact is Jim Jarvie on 01383 738432
e-mail: cruachan1@tiscali.co.uk



PROGRAMME

WINTER 2009

Affiliated to
The Scottish Rights of Way Society, and
Friends of the Ochils
<http://www.dunfermlineramblers.org.uk>

Participants on the outings are asked to ensure that they are properly equipped to tackle the walks, many of which are off-the-track in wild, boggy or mountainous country.

Please provide yourself with adequate walking boots, compass, map and wet-weather clothing (to include waterproof-jacket, overtrousers, and change of clothes).

Please Note:-

- 1. Walkers are expected to heed advice/instructions given by walk coordinators and other experienced club members as to their suitability for attempting particular walks (or sections of walks).**
- 2. Walkers take part at their own risk.**

6 Dec 8am Conic Relief OS56/57
A circular 12km walk from the public car park in Balmaha. Conic Hill is a fine grassy ridge with several summits at 361m/1178ft, with fine views. Some road walking. No dogs.
Start: MR 421909 Coordinator: Jack Binnie

20 Dec 9am Xmas walk and lunch OS58
Either – Bishop Hill and return for the energetic, or a more sedate stroll on the Michael Bruce Way.
Start: Street parking in Kinnesswood MR 177028
Coordinator: Eric Simpson - followed by
Lunch at the Green Hotel Kinross 12.30 for 1pm
Please bring £16.50 (which includes tip) in named envelope.

Thursday 31 Dec 8am Hogmanay Walk OS57
NB. Meet at east end of free car park off Leys Park Road.
Ben Venue (729m) (by Aberfoyle) from Ledard
A walk from the west end of Loch Ard – 5km, 700m ascent, 2 ½hrs to summit. 4 ½ - 5hrs total incl. stops.
Refreshments at the Forth Inn, Aberfoyle.
Start: MR 463023 Coordinator: Rob Pearson

3 Jan 9am Musselburgh circular OS66
From Fisherrow harbour via racecourse, Loretto school, and parkland, before crossing River Esk and return to start. 6-7 miles.
Start: MR 334741 Coordinator: David Lloyd

17 Jan 9am Braid Hills OS66
A circular walk of about 5 miles with stunning views of the centre of Edinburgh. Roadside parking on Charterhall Road, Blackford.
Start: MR 255709 Coordinator: Lucy Massiah

Monday 18 January 7.30 to 9.30 pm
Annual Slide show and Social – Crossford Village Hall
(with facilities to show digital photos.)
Contributions of food (and drink) welcomed.

Thursday 28 Jan 9.30am Cullaloe Hills OS66
A pleasant stroll from car park near Goat Quarry.
Start: MR 173864 Coordinator: Eric Simpson

7 Feb 9am Ochils OS58
2 walks from Woodland car park, Alva. MR 898975
HL: Up Silver Glen to **Craighorn Hill (583m)** returning via Alva Glen. 6 miles. Coordinator: Tom Wilson
LL: Alva to Tillicoultry and return with extension options.
Coordinator: David Lloyd

MONDAY 15 February 7.30pm. CLUB MEETING
Old Inn, Kirkgate, Dunfermline
Come and say your piece and play an active part in compiling our programme for the next three months.

21 Feb Choice of high or low levels.
HL 8am A'Bhuidheanach Bheag (936m) OS42
One of the highest points on the large undulating plateau extending NE from the Pass of Drumochter. 14km. 620m ascent.
possible 'winter experience' with ice axe/crampons recom'ed.
Start: Off A9 MR 640822 Coordinator: Ian Smith
LL 9am Wormit & Balmerino OS59
A low level circular walk of about 7 miles starting at Wormit heading west. The route takes in Balmerino Abbey, originally a Cistercian foundation dating from 1227.
Start : MR 392259 in Wormit. Coordinator: Andrew McGrouther

Thursday 25 Feb 9.30am Falkirk Wheel OS65
An interesting 5 mile walk from the Wheel with stretches along both the 'Forth & Clyde' and Union canals.
Start: MR 853805 Coordinator: Barbara Johnson

NB. Deadline for places at Minigaff hostel for Fri/Sat 12/13th March 2010 is 22 Jan. Please contact Liz on 01383 738043.
Please see back page for other proposed 2010 Hostel weekends.
A bus trip to Aviemore on Sat. 3rd July has been proposed as one of the events to celebrate our 30th Anniversary. This would offer a very scenic bus trip, with options to walk in the Aviemore area, + option to walk the Larigrhu. The bus would return via Deeside to pick up these walkers. Max. cost £30 (reducing as bus fills up). Colin (on 01383 738043) needs to know numbers by next meeting at latest. Money also required by then as bus companies want full payment when booking.

Other anniversary events to be decided later.