

DUNFERMLINE RAMBLING CLUB

Sunday outings on the first and third Sundays of every month leaving from the Bruce Street car park, Dunfermline, at **9am, (8am in summer)** unless otherwise stated.

New monthly midweek outings leaving from east end of new free car park at Leys Park Road.

This quarter, these outings will be on the last Thursday of the month, meeting at 9.30am in the car park.

Please note that persons accepting lifts in other members' cars are expected to contribute towards the travelling costs at the following agreed rates:- (from June 2006)

Round trips of under 50 miles.....£4.00 each

Round trips exceeding 50 miles.....£6.00 each.

Thursday local walks.....£2.00 each.

Proposed Hostel Weekends for 2008

Early self-booking advised on 0870 155 3255 (Scottish)
0870 770 5792(Derwentwater)

1. **30 May-1 June Fort William Glen Nevis Hostel**
2. **22-25 August Newton Stewart Minnigaff Hostel**
3. **3-6 October Derwentwater Youth Hostel**

Conversion Table

km	miles	km	miles	miles	km	miles	km
6 =	3.72	14 =	8.68	4 =	6.44	12 =	19.32
8 =	4.96	16 =	9.92	6 =	9.66	14 =	22.54
10 =	6.2	18 =	11.16	8 =	12.88	16 =	25.76
12 =	7.44	20 =	12.4	10 =	16.1	18 =	28.98

General Information

1. It is a great help with distribution if as many people as possible receive the programme as an e-mail attachment (in Word). If you would like to be added to the distribution list please send your e-mail address to alan_cooper@hotmail.com.

2. Club contact is Jim Jarvie on 01383 738432
e-mail: cruachan1@tiscali.co.uk



PROGRAMME

SUMMER 2008

Affiliated to
The Scottish Rights of Way Society, and
Friends of the Ochils
<http://uk.geocities.com/dunfermlineramblers/>

Participants on the outings are asked to ensure that they are properly equipped to tackle the walks, many of which are off-the-track in wild, boggy or mountainous country.

Please provide yourself with adequate walking boots, compass, map and wet-weather clothing (to include waterproof-jacket, overtrousers, and change of clothes).

Please Note:-

1. Walkers are expected to heed advice/instructions given by leaders and other experienced club members as to their suitability for attempting particular walks (or sections of walks).

2. Walkers take part at their own risk.

APPEAL: It has become apparent that the burden of promoting and coordinating walks is being shouldered by a decreasing number of people, to whom we are most grateful. At the latest quarterly meeting it was agreed that an appeal be made, asking more members to attend the quarterly meetings with suggestions for walks, which hopefully they would volunteer to 'lead' or coordinate. Thankyou.

30 May-1 June Fort William Glen Nevis Hostel weekend

See back page for list of 2008 weekends (inc. October weekend)

1 June 9am Kinghorn to Dysart OS66/59

A 5 mile section of the five Coastal path, starting from the car park in Kinghorn returning by bus.
Start: Car park in Kinghorn
Coordinator: Harry Mowbray

15 June 8am Lammermuir Hills OS67

A pleasant and gentle climb (1100ft) over the moorland of the Lammermuirs via Stoney Path farm, Mid Hill, Clints Dod and Johnsleugh, returning by the Herring Road and Dunbar Common. 11 miles.
Start: Pressmennan Wood car park MR 621726
Coordinator: Kathy Jones

Thursday 26 June 9.30am Craiguscar circular OS58

A pleasant ramble skirting Saline and Knock Hills.
Start: Car park past Craiguscar reservoir MR 060906
Coordinator: Bobby Sapsed

6 July 9am Gartmorn Dam Circular OS58

A low level, 7 mile walk around the Gartmorn Dam Country Park.
Start: Tillicoultry outlet centre car park MR 918965
Coordinator: Tom Wilson

20 July 8am Beinn Narnain (926m) OS56
Tom McGregor's last Munro !

Come and support Tom on his big day, starting from the Succoth road end at the head of Loch Long. 3km to the summit, with 950m ascent.
Start: Succoth road end on A83 MR 295049
Coordinator: Tom McGregor

Thursday 24 July 9.30am Callendar Park – Falkirk OS65

A circular walk around the park.
Start: Callendar House MR 898793
Coordinator: Andrew McGrouther

3 August 8am Mount Battock (778m) OS44/45

This most easterly Corbett is reached from Glen Dye via gravel road and bulldozed track. 22km, 560m ascent, 7hrs approx. There are low level options available in this area.
Start: On B974 Glen Dye just south of Spital cottage MR647845
Coordinator: Margaret Pearson

MONDAY. 11 August 7.30pm. CLUB MEETING
Glen Tavern, Pittencrieff St., Dunfermline
Come and say your piece and play an active part in compiling our programme for the next three months.

17 August 8am Ben A'an OS57

A walk from the west end of Loch Achray, taking in Ben A'an, which although a modest 1512ft it has extensive views over Loch Katrine, the Arrochar Alps, Ben Venue and the Trossachs.
Start: Car park on A821 MR509071
Coordinator: Kathy Jones

22-25 August Newton Stewart Minnigaff Hostel weekend

Thursday 28 August 9.30am Menstrie OS58/57

From Dumyat Leisure Centre in Menstrie, a walk of about 4.5 miles
with ascent of 900ft, up Menstrie Glen to the Lossburn reservoir.

Start: Menstrie MR 850969 Coordinator: Eric Simpson