

## DUNFERMLINE RAMBLING CLUB

Sunday outings on the first and third Sundays of every month leaving from the Bruce Street car park, Dunfermline, at **9am, (8am in summer)** unless otherwise stated.

Midweek outings (2 per month) leave from the east end of the free car park off Leys Park Road.

**This quarter, these outings will be on the Thursday following the first Sunday walk and on the last Thursday of the month, meeting at 9.30am in the car park.**

Please note that persons accepting lifts in other members' cars are expected to contribute towards the travelling costs at the following agreed rates:- (from May 2009)

Round trips of under 20 miles.....	£2.00 each
Round trips of 20-50 miles.....	£4.00 each.
Round trips exceeding 50 miles	£6.00 each.

### Proposed Hostel Weekends for 2010

Early self-booking advised. All for 3 nights.

1. 30 April – 3 May Skywalker Hostel, Portnalong  
Tel: 01478 640250 [www.skywalkerhostel.com](http://www.skywalkerhostel.com)
2. 4 – 7 June Torridon
3. 20-23 August Braemar
4. 1-4 October Arran-Lochranza  
SYA hostels Tel: 0845 293 7373 [www.syha.org.uk](http://www.syha.org.uk)

### 30<sup>th</sup> Anniversary Events

1. Sat 10 July – Bus trip to Aviemore/Lairig Ghru.  
See last programme for details. A few seats still available.
2. A ceilidh has been proposed for October.  
More details later.

### General Information

1. It is a great help with distribution if as many people as possible receive the programme as an e-mail attachment (in Word). If you would like to be added to the distribution list please send your e-mail address to [alan\\_cooper@hotmail.com](mailto:alan_cooper@hotmail.com).
2. Club contact is Jim Jarvie on 01383 738432  
e-mail: [cruachan1@tiscali.co.uk](mailto:cruachan1@tiscali.co.uk)



# **PROGRAMME**

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# **SPRING 2010**

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Affiliated to  
The Scottish Rights of Way Society, and  
Friends of the Ochils  
<http://www.dunfermlineramblers.org.uk>

Participants on the outings are asked to ensure that they are properly equipped to tackle the walks, many of which are off-the-track in wild, boggy or mountainous country. Please provide yourself with adequate walking boots, compass, map and wet-weather clothing (to include waterproof-jacket, overtrousers, and change of clothes).

### **Please Note:-**

1. Walkers are expected to heed advice/instructions given by walk coordinators and other experienced club members as to their suitability for attempting particular walks (or sections of walks).
2. Walkers take part at their own risk.

Please Note

**By popular demand there are 2 Thursday walks each month.  
Information regarding hostel weekends and Anniversary events is given on back page.**

**7 Mar 9am Elie, Shell Bay and St. Ford OS59**  
An 8 mile circular walk going west from Earlsferry to Kincaig point, then Shell Bay and Ruddons Pt. before turning east inland via St. Ford Links returning to coast at Elie Ness.  
Start: Earlsferry NT 481998 Coordinator: Kathy Jones

**Thursday 11 March Perth circular (bus or car) OS58**  
**9.30am** either Dunfermline bus station or Leys Park Road CP.  
Buses: Dunf 0938 M91 Stance5 arr. Perth S.Inch 1030  
Perth S.Inch 1511 M91 arr. Dunf. 1604  
Start: South Inch CP Perth Coordinator: Arthur Slack

**21 Mar Choice of high or low levels.**  
**HL 8am Ben Lomond OS56**  
From Rowardennan. Weather will determine route on day.  
Start: NS 360987 Coordinator: Mike McCaul  
**LL 9am Newburgh to Abernethy** by Pitmedden forest OS 58  
This is a walk on road, forest track and paths, of approx 6 miles or could be lengthened in forest. Bus return from Abernethy if desired.  
Start: Newburgh NO 234184 Coordinator: Dorothy Anderson

**Thursday 25 Mar 9.30am Fordell & Muirdean OS65**  
Includes path of old Fordell railway.  
Start: Dalgety Bay ASDA Coordinator: Eric Simpson

**4 April Choice of high or low levels.**  
**HL 9am Pentlands OS66**  
Castlelaw hill fort & souterrain, then Capelaw Hill returning via Glencorse reservoir. 9km with 454m ascent.  
Start: Flotterstone NT 232631 Coordinator: Eric Simpson  
**LL 9am Musselburgh circular OS66**  
From Fisherrow harbour via racecourse, Loretto school, and parkland, before crossing River Esk and return to start. 6-7 miles.  
Start: NT 334741 Coordinator: David Lloyd

**Thursday 8 April 9.30am Dumyat OS57**

An easy walk to a prominent top with outstanding views. 6.9miles with 540m of ascent. Park on Sheriff Muir road.  
Start: NS 813980 Coordinator: John Nicholson

**18 April Choice of high or low levels.**  
**HL 8am Driesh (947m) and Mayar (928m) OS44**  
These two Munros lie above Glen Doll in Angus. Approx.15km with 860m of ascent.  
Start: Glen Doll CP. NO 284763 Coordinator: Ian Smith  
**LL 9am Blairhall and/or Oakley mystery OS65**  
Start: ? Coordinator: Bobby Sapsed

**Thursday 29 April 9.30am Scone circular OS58**  
A 9km walk on paths/minor roads with one steep moorland section. 240m ascent. Exposed with good views.  
Start: CP by church. NO 132256 Coordinator: Alison Thompson

**30 April – 3 May Skywalker Hostel W/E See back page.**

**2 May 9am Ochils above Dollar OS58**  
A circular taking in King's Seat, Tarmangie and Whitewisp Hills.  
From car park close to Castle Campbell. 9km approx. Max. ht. 648m.  
Start: NS 963990 Coordinator: John Nicholson

**Thursday 6 May 9.30am Stirling circular OS57**  
A 5 mile walk taking in points of historical interest.  
Start: By Stirling Castle Coordinator: Kathy Jones

**MONDAY 10 May 7.30pm. CLUB MEETING**  
Old Inn, Kirkgate, Dunfermline  
Come and say your piece and play an active part in compiling our programme for the next three months.

**16 May Choice of high or low levels.**  
**HL 8am Beinn Ime (1011m) OS56**  
A lovely walk in the 'Arrochar Alps' with possibility of including The Cobbler and Ben Narnain.  
Start: Succoth NN 295049 Coordinator: Robert Delamere  
**LL 9am The Whangie OS64**  
A circular walk from Queen's View car park (on A809), with a fairly steep rise up to the Whangie then paths with beautiful views via the Burnscrooks reservoir. Approx. 8 miles. 211m of ascent.

Start: NS 510808

Coordinator: Lucy Massiah

**Thursday 27 May 9.30am Hill of Beath OS65/58**

Walk from car park going east along cycle/footpaths, passing QM station to Pleasance then on to the Hill of Beath (240m) and return.

Coordinator: Jim Jarvie