

## DUNFERMLINE RAMBLING CLUB

Sunday outings on the first and third Sundays of every month leaving from the Bruce Street car park, Dunfermline, at **9am, (8am in summer)** unless otherwise stated.

Monthly midweek outings leave from the east end of the free car park off Leys Park Road.

**This quarter, these outings will be on the last Thursday of the month, meeting at 9.30am in the car park.**

Please note that persons accepting lifts in other members' cars are expected to contribute towards the travelling costs at the following agreed rates:- (from May 2009)

Round trips of under 20 miles.....£2.00 each

Round trips of 20-50 miles..... £4.00 each.

Round trips exceeding 50 miles £6.00 each.

### Hostel Weekends for 2009

Early self-booking advised.

1. 21-24 August Raasay 01478-660240
2. 2-5 October Patterdale 0870 770 5986


### Conversion Table

km	miles	km	miles	miles	km	miles	km
6 =	3.72	14 =	8.68	4 =	6.44	12 =	19.32
8 =	4.96	16 =	9.92	6 =	9.66	14 =	22.54
10 =	6.2	18 =	11.16	8 =	12.88	16 =	25.76
12 =	7.44	20 =	12.4	10 =	16.1	18 =	28.98

### General Information

1. It is a great help with distribution if as many people as possible receive the programme as an e-mail attachment (in Word). If you would like to be added to the distribution list please send your e-mail address to [alan\\_cooper@hotmail.com](mailto:alan_cooper@hotmail.com).

2. Club contact is Jim Jarvie on 01383 738432  
e-mail: [cruachan1@tiscali.co.uk](mailto:cruachan1@tiscali.co.uk)



**PROGRAMME**

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**AUTUMN 2009**

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Affiliated to  
The Scottish Rights of Way Society, and  
Friends of the Ochils  
<http://uk.geocities.com/dunfermlineramblers/>

Participants on the outings are asked to ensure that they are properly equipped to tackle the walks, many of which are off-the-track in wild, boggy or mountainous country.

Please provide yourself with adequate walking boots, compass, map and wet-weather clothing (to include waterproof-jacket, overtrousers, and change of clothes).

#### **Please Note:-**

**1. Walkers are expected to heed advice/instructions given by walk coordinators and other experienced club members as to their suitability for attempting particular walks (or sections of walks).**

**2. Walkers take part at their own risk.**

**6 Sept 8am HL Geal Charn (926m) OS35**

The white hill is the most westerly of the Monadh Liath Munros.

Approx. 14.4km with 610m of ascent.

Start: Garva Bridge MR523947 Coordinator: Colin Lees

**9am LL The Whangie**

OS64

A circular walk from Queen's View car park (on A809), with a fairly steep rise up to the Whangie then paths with beautiful views via the Burnscrooks reservoir. Approx. 8 miles. 211m of ascent.

Start: MR 510808 Coordinator: Lucy Massiah

**20 Sept 8am HL Beinn a'Ghlo OS43**

A walk from east of Blair Atholl taking in the 3 summits of this fine mountain- Carn Liath (975m), Braigh Coire Chruinn-bhalgain (1070m), and Carn nan Gabhar (1129m). 22km with 1230m ascent.

Start: MR 907673 Coordinator: Ian Smith

**9am LL Loch Ordie from Dunkeld OS52**

A circular walk, of about 11 miles, from the 'sawmill' car park, via Loch Ordie and the Mill Dam.

Start: MR 025435 Coordinator: Liz

Fischbacher

**Thursday 24 Sept 9.30am Birkhill Clay Mine**

OS65

A circular walk, of about 6 miles, from Linlithgow Bridge, via rolling farmland with panoramic views, visiting Birkhill Fireclay mine and the Bo'ness railway. 220ft of ascent.

Start: MR 984773 Coordinator: Andrew McGrouther

**2-5 Oct Patterdale Hostel Weekend - See back page**

**4 Oct 9am LL Falls of Bruar OS43**

A circular walk, of 9 miles, via the Falls of Bruar, uphill for ½ mile on woodland paths, then through Baluain Wood, NW along Glen Banvie, returning via Glen Banvie Wood.

Start: House of Bruar MR 822659 Coordinator: Barbara Johnson

**18 Oct please note LL option on next page**

**8am HL Arrochar Hills OS56**

A high level circular walk, from the Rest and be Thankful, to the summit of **Beinn an Lochain** (901m), the prominent hill at the head of Glen Croe. 8km approx.

Start: MR 230074

Coordinator: Ian

Smith

**9am LL Meikle Bin (570m) OS57/64**

From small car park at west end of Carron Valley Reservoir, the route, on paths, crosses the River Carron before climbing gently to the summit. Return is via the reservoir shore. Approx. 7 miles.

Start: MR 673859 Coordinator: Jim Jarvie

**Thursday 29 Oct 9.30am Forth & Clyde canal**

OS64

From Auchinstarry, (Kilsyth), the route goes west along the canal for about 2 miles before going south to the Bar Hill Fort (400ft) returning to start along line of Antonine Wall. Those not wishing to visit fort can retrace path along the canal. 5 miles.

Start: MR 721768 Coordinator: Dorothy Anderson

**1 Nov 9am Wormit & Balmerino OS59**

A low level circular walk of about 7 miles starting at Wormit heading west. The route takes in Balmerino Abbey, originally a Cistercian foundation dating from 1227.

Start : MR 392259 in Wormit. Coordinator: Andrew

McGrouther

**MONDAY 9 November 7.30pm. CLUB MEETING**

Old Inn, Kirkgate, Dunfermline

Come and say your piece and play an active part in compiling our programme for the next three months.

**15 Nov 9am LL Tentsmuir**

OS59

A 7 mile circular route from the forest car park including a section of the coastal path.

Start: MR 499243

Coordinator: David

Lloyd

**Thursday 26 Nov 9.30am S. Queensferry**

OS65

A 6½ mile linear walk from the Hawes Inn pier to Cramond Brig through the Dalmeny Estate. Return by bus (No 43, every 15min).  
Start: MR 136784                      Coordinator: Barbara Scott

**Reminders:** The club has reserved exclusive use of the Minigaff hostel (nr Newton Stewart) for the 2 nights of Fri/Sat 12/13<sup>th</sup> March 2010. There are still places available. Self-book quoting Dunfermline Rambling Club on 01671 402 211.  
**20<sup>th</sup> December:** Christmas lunch, Green Hotel, Kinross.