

DUNFERMLINE RAMBLING CLUB

Sunday outings on the first and third Sundays of every month leaving from the Bruce Street car park, Dunfermline, at **9am, (8am in summer)** unless otherwise stated.

Monthly midweek outings leave from the east end of the free car park off Leys Park Road.

This quarter, these outings will be on the last Thursday of the month, meeting at 9.30am in the car park.

Please note that persons accepting lifts in other members' cars are expected to contribute towards the travelling costs at the following agreed rates:- (from June 2006)

- Round trips of under 50 miles.....£4.00 each
- Round trips exceeding 50 miles.....£6.00 each.
- Thursday local walks.....£2.00 each.

NOTE

Due to a change of use, it is unlikely that the Glen Tavern will be available for future quarterly meetings. At the moment it has not been possible to find a suitable, free (financially) alternative venue for our preferred dates. Any suggestions will be welcomed. The new venue will be notified as soon as possible.

Conversion Table

km	miles	km	miles	miles	km	miles	km
6 =	3.72	14 =	8.68	4 =	6.44	12 =	19.32
8 =	4.96	16 =	9.92	6 =	9.66	14 =	22.54
10 =	6.2	18 =	11.16	8 =	12.88	16 =	25.76
12 =	7.44	20 =	12.4	10 =	16.1	18 =	28.98

General Information

1. It is a great help with distribution if as many people as possible receive the programme as an e-mail attachment (in Word). If you would like to be added to the distribution list please send your e-mail address to alan_cooper@hotmail.com.
2. Club contact is Jim Jarvie on 01383 738432
e-mail: cruachan1@tiscali.co.uk



PROGRAMME

AUTUMN 2008

Affiliated to
The Scottish Rights of Way Society, and
Friends of the Ochils
<http://uk.geocities.com/dunfermlineramblers/>

Participants on the outings are asked to ensure that they are properly equipped to tackle the walks, many of which are off-the-track in wild, boggy or mountainous country.

Please provide yourself with adequate walking boots, compass, map and wet-weather clothing (to include waterproof-jacket, overtrousers, and change of clothes).

Please Note:-

- 1. Walkers are expected to heed advice/instructions given by walk coordinators and other experienced club members as to their suitability for attempting particular walks (or sections of walks).**
- 2. Walkers take part at their own risk.**

22-25 August Newton Stewart Minnigaff Hostel weekend

Early self-booking advised on 0870 155 3255

7 Sept Choice of high and low levels.

HL 8am An Caisteal and Beinn a'Chroin OS50

These two Munros stand close together above the headwaters of the River Falloch to the south of Crianlarich. The ascent is made from the A82 in Glen Falloch.

Start: Car park on A82 MR 368238 Coordinator: Ian Smith

LL 9am Ceres to Scotstarvit OS59

An easy walk mostly on farm tracks with an optional short climb to a monument. Distance 8.5 miles.

Start: Ceres MR 400115 Coordinator: Dorothy Anderson

21 Sept Choice of high and low levels.

HL 8am Beinn Mholach OS42

A remote Corbett in the triangle between Loch Ericht, Loch Rannoch and the A9. Approx. 20km, 440m ascent, 6.5-7hrs.

Start: Dalnaspidal on A9 MR646733 Coordinator: Rob Pearson

A flat low-level companion walk from Dalnaspidal is possible along Loch Garry past waterfall to Duinish and back. 16km

LL 9am Largo Law / Keil's Den OS59

A varied walk from the seaside at Lower Largo, via Upper Largo to Largo Law (290m) – a small hill with a steep up and down. Then cross country to wooded Keil's Den following the burn to the harbour and the Crusoe hotel before returning to start.

Start: Lower Largo MR 424025 Coordinator: Jim Jarvie

Thursday 25 Sept 9.30am Crieff or local

Walk will be decided on day depending on availability of transport. Meet in Leys Park Road car park. Coordinator: Andrew McGrouther

3-6 October Derwentwater Youth Hostel weekend

Early self-booking advised on 0870 770 5792

5 Oct 9am Mugdock Country Park OS64

A low-level walk in and around Mugdock Country Park with a visit to Mugdock Castle. 7-8 miles.

Start: Visitor Centre MR 547780 Coordinator: Lucy Massiah

19 October Choice of high and low levels

HL 8am Meall Glas and Sgiath Chuil

OS51

Either one or both of these Munros will be tackled from Glen Dochart, depending on weather/daylight conditions.

Start: A85 roadside MR 445274 Coordinator: Ian Smith

LL 9am Pitlochry to Killiecrankie OS52/43

A circular walk, via the Clunie, Coronation, and Garry bridges, on riverside paths and minor roads. 8.75 miles - 492ft of ascent.

Start: Festival theatre MR937573 Coordinator: Barbara Johnson

Thursday 30 Oct 9.30am Dalgety Bay mystery tour OS65

Meet in Leys Park Road car park as usual.

The coordinator, Eric Simpson, will meet group in car park of new ASDA in Dalgety Bay.

2 Nov 9am Glendevon circular OS58

A circular 12mile walk round Glen Eagles, Glen of Kinpauch and upper Glendevon using good tracks with a small amount of minor road walking.

Start: Frandy fishery turn-off on A823 MR 948052.

Coordinator: Jane Richard.

**** MONDAY. 10 November 7.30pm. CLUB MEETING **
PLEASE SEE BACK PAGE NOTE.**

16 Nov Choice of high and low levels

HL 8am Alva circular OS58

A round of the three hills, Ben Buck, Ben Cleuch and Ben Ever. About 10km, max.height 721m.

Start: Alva Glen CP MR885975 Coordinator: Eric Simpson

LL 9am Bridge of Allan OS57

A 7 mile circular walk on paths and tracks through woodland between Bridge of Allan and Dunblane.

Start: B.of A. station CP MR785977 Coordinator: Tom Wilson

Thursday 27 Nov 9.30am Crossford circular OS65

A circular taking in Crossford, Limekilns, Charlestown and
Pattiesmuir.

Coordinator: Andy McGrouther